



# Chapter 6 Abridged Resource

## Communication Across Cultures

We all communicate in different ways.

Sometimes it is cultural, other times not.

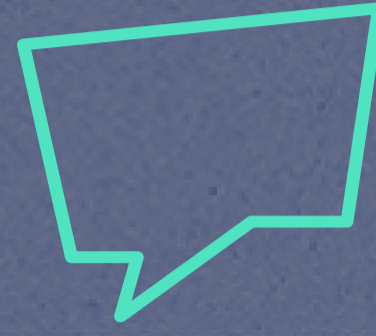
It's important to try and understand your own communication preferences and how this may impact your understanding of others and how other's might interpret you.

Let's explore:

how we **speak**  
how we **listen** and  
how we use **body language**

All of which are very relevant to communication with the Japanese.

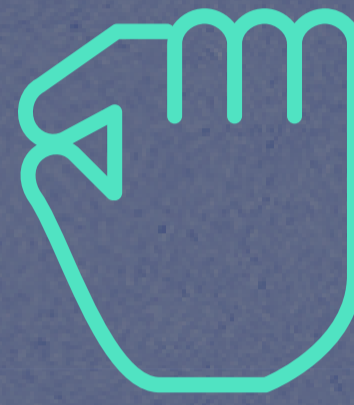
### Speaking



 [Click to read](#)

One of the most important areas of cross cultural communication relates to the way in which different cultures speak [or don't speak]. Are you aware of your own habits and personal style of speaking?

### Body Language



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Body language can present a complex challenge in many different cultural settings. Taking the time to understand the role of body language in Japan will undoubtedly benefit your relationships and outcomes.

### Listening



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It is crucial to listen to not only the words, but also how they are delivered including tone and other subtle indicators of meaning. Good listening skills are essential in the region to ensure you are fully tuned into what is being communicated.

## Japanese Body Language

This great video gives foreigners a quick guide to some of the more common gestures you may come across in Japan as well as how to count with your fingers, Japanese-style.

In Japan, people point to their faces when talking about themselves.



 [Click to watch](#)

